

Weathergrams



What is it?

A weathergram is a short poem:

- 7 to 10 word
- written on parchment paper
- hung outside to be weathered
- sets an intention
- releases a thought
- creates inspiration

Supplies

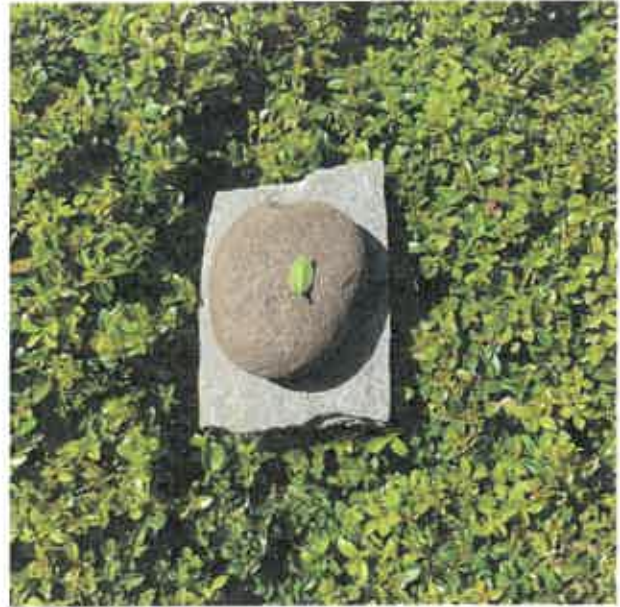
- Scissors (unless everything is pre-cut)
- Paper grocery bags, card stock, brown craft paper, etc... (cut into 2' x 10" strips)
- Sharpies, black, red or blue
- Ruler
- Hole punch
- Yarn, twine, cording, etc... cut in 12" length
- Scrap paper for brainstorming ideas



Get started!

Observe

- This is a good activity to promote centering and observation of what is around us.
- As the author, center yourself in your surroundings, if you are outside, what do you see, feel and hear. If you are inside you can still reflect on your senses. You can also use your "poem" to set an intention.



Create

- Using the scrap paper write out words, thoughts, observations
- Compose your ideas into a short poem of 7 to 10 words
- Take your strip of paper, fold over the top edge to reinforce the hole punch
- Write your poem on the brown paper strip with Sharpie
- Put yarn through your hole and hang outside
- Allow to "weather" for 3 months



More ideas

- Highlight letter with different color ink.
- Give your group a theme to work from - what do they hear, focus on a certain color, think of their current mood, set a goal.
- After a few weeks or months "harvest" your weather gram, what does it make you think of, have you changed since you wrote it?
- Use it as a bookmark.