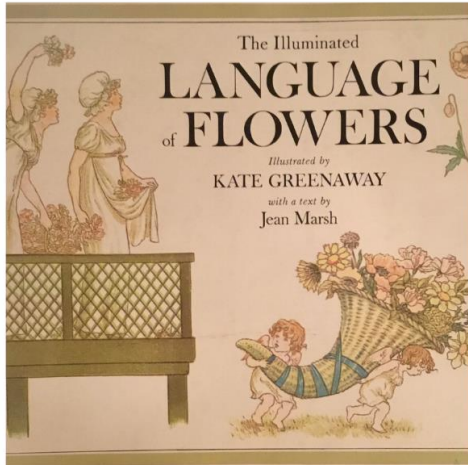


# Tussie-Mussie

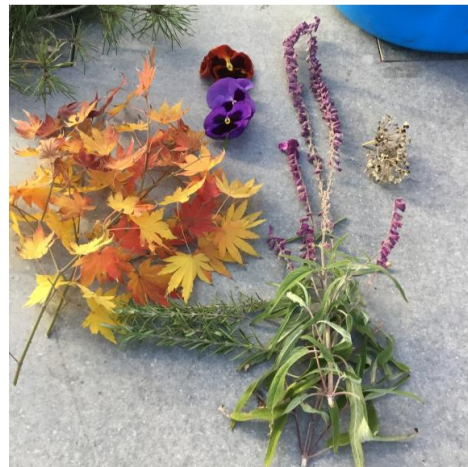
Florigraphy - The language of flowers!



Flowers have been used since the beginning of recorded time to convey meaning, but in Victorian Europe (1830s - 1900) the practice reached the height of its popularity. Adapted from Muslim traditions the French and then the rest of Europe began to send messages with flowers, relying on books that shared the meanings of specific plants.

## Supplies

- Scissors
- Plant material, herbs, leaves, flower, grasses, anything you see that you like
- Dollies/Paper towel (Optional)
- Ribbon or twine



# Get started



## Create

- Enjoy the process of collecting materials
- Lay out the plant material you have collected and build your small bouquet
- When you are finished, wrap the bottom in a doily or paper towel
- Create a card that shares your message
- Enjoy!

### Flower Color Meaning:

- Blue - Calm, Peace, Openness, Serenity
- Pink - Grace, Happiness
- Purple - Dignity, Pride, Success
- Red - Beauty, Courage, Love, Strength
- White - Modesty, Elegance, Poise
- Yellow - Joy, Happiness, Friendship, New beginnings
- Orange - Excitement, Enthusiasm

## Meanings

- Borage - Bluntness
- Daffodil - Regard
- Fern - Fascination
- Gardenia - Clarity, Self-Reflection,
- Hawthorn - Hope
- Holly- Foresight
- Hydrangea - Boastful
- Ivy - Friendship
- Jasmine - Separation
- Juniper - Healing, Good health
- Lantana - Rigor
- Lavender - Distrust
- Magnolia - Love of nature
- Maple - Strength, Endurance
- Marigold - Despair, grief
- Moss - Maternal love
- Oak - Bravery
- Pansy - Thoughts
- Pine - Wisdom, Longevity
- Rosemary - Remembrance
- Sage - Virtue