

Science & Technology



**Natural Sciences** 





Animals and Much Much More!





New Hanover County 4-H 6206 Oleander Drive Wilmington NC 28403

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# Join 4-H Today!







### What is 4-H?

4-H is the largest out-of-school youth development program in the world that teaches young people leadership, citzenship and life skills.

4-H members participate in fun, hands-on learning activities supported by the lastest research of land grant universities. These activities are focused on the areas of healthy living, citizenship, science, engineering and technology.

Youth can experience 4-H by becoming a member of a 4-H club, attending a 4-H camp, or by joining school-based or afterschool 4-H programs.



Public Speaking Skills

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https://newhanover.ces.ncsu.edu/



## How Do I Join?

All youth ages 5-18 years old are invited to join! It's as easy as deciding you want to join and completing the 4-H enrollment form and medical release form found on our website.

There are several ways to be involved in 4-H. Most 4-H clubs meet about once a month for 1-2 hours. Meetings usually include a short business portion, an educational activity and recreation or refreshments. Membership in a club allows youth to meet new friends, enjoy new learning experiences and grow as a person.

**Join a Club:** This means joining a club that is already established. Check out our <u>"Join 4-H"</u> link on our website for more information about our existing clubs.

**Create Your Own Club:** All it takes is five youth and a leader. Use your imagination in creating your very own club name. Hold meetings once a month and design your own educational program. Contact your 4-H Agent to learn how to get started.

**Participate as a Member-At-Large:** Participate in any event, competition, activity or camp that you are interested in, but you don't belong to a specific club.

## Life Skills of 4-H



Leadership Development

#### I Pledge:

My **HEAD** to clearer thinking,

My **HEART** to greater loyalty,

My **HANDS** to larger service, and

My **HEALTH** to better living,

For my club, my community, my country and my world.



Peer Relationship Development

- Master skills to make career and life choices.
- Connect to communities, learn to give back to others.
- Mature in self-discipline & responsibility.
- Learn to better understand themselves.
- Become independent thinkers.
- Develop lifelong friendships and long-term relationships with caring adults.