Be a Star in Communication! Workshop

April 1, 2015

Does the thought of speaking in public make you nervous? New Hanover County 4-H will be holding a **FREE** three hour communication workshop for youth. Participants will learn to communicate with confidence by participating in fun, hands-on activities. Topics covered will include preparing for presentations, overcoming stage fright, writing a speech, and visual aids. **Registration deadline is March 25th.**

**WHO:** Any youth ages 5-18 as of January 1, 2015. Youth will be divided into age appropriate groups.

**WHERE:** New Hanover County Cooperative Extension Office Auditorium from 1:00 – 4:00 pm.

County Activity Day

May 2, 2015

Youth will gain experience giving a 5-12 minute presentation or demonstration on a topic of their choice in a small-scale, friendly environment. Youth will be given feedback from judges to improve their presentation. **Registration deadline is April 15th.** Please review 4-H presentations guidelines, categories and scholarship amounts here: [http://www.nc4h.org/nc4h-publications/presentations](http://www.nc4h.org/nc4h-publications/presentations)

**WHO:** Youth ages 5-18 as of January 1, 2015. Participants do not have to be current 4-H members. Top two competitors from each age group/category will move on to Districts. Youth ages 5-8 are in the non-competitive Cloverbud age group and all may move on to District Activity Day.

**WHERE:** NHC Executive Development Center. 1241 Military Cutoff Rd. Registration – 9:00am; Presentations – 9:30am

District Activity Day

June 13, 2015

4-Hers from the Southeast District (18 counties) compete in presentations and demonstrations. **Registration deadline is May 11th.**

**WHO:** Must advance from County Activity Day. Gold and Silver Winners in each category and age division will have the opportunity to compete at the state level on July 18th at NCSU in Raleigh, NC. Exception: In the 9-10 year old age divisions only Gold Winners will advance to the state level.

**WHERE:** Lenoir Community College 231 North Carolina 58, Kinston, NC 28504. Transportation is provided by each family. Registration – 9:00 – 10:00 am

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